

The Headlamp



A Message from the BC Camping Committee!

Welcome back,

Thank you to all those Guiders who have made last year an amazing year for all our girls across BC. Hopefully you have had some wonderful adventures in the outdoors this summer and were able to get some much needed rest and relaxation.

Take advantage of the new season and do a fall camp or sleepover or by simply taking your girls on a hike.

Please remember to send your pictures and stories from your Guiding camping trips and experiences that as you take advantage of this beautiful time of year.

Happy Camping!



Camp Jubilee 2016

If you need information or have ideas for Provincial Camping activities, please feel free to email the BC Camping Committee (camp@bc-girlguides.org)



Upcoming Camps

- Mix it Up (G P) - Sept 23-25 , USA
- Training/Camping workshop- November 4-6, 2016, Camp Kanaka
- Rainbucket (R)- November 18– 20, 2016 Fraser Valley, www.rainbucket.org
- OAL Adventure Module 8: Snowshoeing Expedition (Guiders) - Feb 10-13, 2017
- Rovent (R)- February 2017, Cambie Creek Nordic Area, Manning Park, <http://www.rovent.ca/>



Beaver Valley Sparks and Brownies geocaching at Gyro park

Instant Meetings

Instant meetings are now available on the Provincial website for teaching camping skills to the different branches of Girl Guides.

Sparks-

- Compasses
- Hike
- Leave No Trace
- Getting Ready for Camp

Brownies-

- Compasses
- Hike
- Knots Training
- Leave No Trace
- Trail Signs
- Things we need at camp

Guides-

- Compasses
- Hike
- Just Basic Knots
- Trail Signs
- Fire
- Leave No Trace - Amazing Race

Pathfinders-

- Compasses
- Hike
- Survivor Uknknot (You Can Not)
- Leave No Trace - Amazing Race



Girl Guide camping chatter around the province:

- ◆ Way to go Guiders who took the time and energy to take girls to camp this summer.
- ◆ Thank you to Adele and PJ for all your hard work on Pathfinder Paddles provincially selected trip this summer.
- ◆ Shout out to Lori Heximer for organizing the Kootenay Module 8 OAL Adventure Expedition.
- ◆ Thank you to Agnes and Chloe for all your hard work on the Provincial Module 8 OAL Adventure Canoeing Expedition on Quadra Island.
- ◆ Hats off to all Safe Guide Assessors, but an especial thank you to Susan Zedel, Mary Ann Brock, Brenda Fraser, and Kim Rampfl your help was extremely helpful.
- ◆ Congratulations 1st Ottergrove Pathfinders for completing three BC Camping Challenges: Camp around BC, Geocaching, and Tidy Camper.

Did you know...

Do you have questions about Safe Guide requirements for attending MIU when it is being hosted in Sumas, Washington? Here are some FAQ about travel across the border with responses by Brenda Knowles, the Under 72 Hours International Safe Guide Assessor.

1. In order to take the girls across the border, what type of paper work do I need to have or complete?

- You need SG1, SG2, SG3, SG4, SG8, IT5, and IT11. You will also need to include your Budget, Itinerary, and Time Line. You also need any Waivers, depending on the activities.
- You need to include a FR1 if there was any fundraising beyond Cookies.

2. I was told that I might need to see a Notary to get permission to take my girls across the US/Canadian Border. Is this correct?

- You do not need to have an IT5 notarized at this time.
- If a girl's parents are not together, sometimes there are problems. Therefore an IT11 is suggested.

3. Should I get the parents to purchase Travel Insurance for the girls for that 3 days in Sumas Washington?

- Girls will need to have US Travel Insurance and the Responsible Guider must know who and how to contact the Insurance.



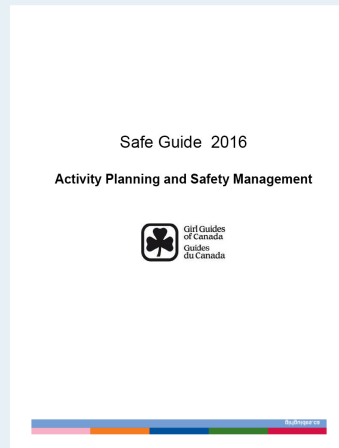
Stories for Headlamp

Headlamp is looking for great camping stories to be featured in future newsletters. We would love to hear about the great things that happen to everyone while they are at camp. Please share your wonderful and your not so wonderful stories with Headlamp it could be something funny, how you incorporated a great theme, how you survived a week of rain, or anything you want to share. If your story is published you will receive a prize. Please send your stories to: Headlamp.bc.ggc@gmail.com

Did You Know.....

Safe Guide information

- ◇ Most of the health management forms are to be included with your document retention package. This includes the Medication Plan & Administration Record (H.3), Wellness Statements (H.5), and Medication Consent Form (H.7). The First Aid Treatment Record (H.4) and the First Aid Examination Checklist for Wilderness Out-trips (H.6) should also be placed in with the other forms if not given to EMS. Only the Health Forms (H.1 for girls, H.2 for adults) are to be returned or destroyed at the end of the event or end of the Guiding year.
- ◇ Only the reporting Guider should send incident reports to the national and provincial office. They are not to be shared with anyone else.
- ◇ The GGC Waiver (SG.5) is to be signed for conditional activities and adventurous activities. It is no longer related to the signing of a TPSP waiver.
- ◇ After an event with a conditional activity, the copy of the certificate of insurance is to be submitted with the other event forms for document retention
- ◇ The Parent/Guardian Permission (SG.2), the Activity Notification or Authorization (SG.3), Emergency Response Plan (SG.4) and Travel Preauthorization (SG.8) forms have all been updated for 2016, along with a number of forms required for international travel.
- ◇ If there is only one Guider present with Pathfinders and Rangers or the girls are unaccompanied during a portion of the event, the Emergency Response Plan must be reviewed with the girls.
- ◇ GGC does not recommend that Guiders use their personal or rented vehicles to transport girls. Guiders, parents/guardians, and/or volunteers who choose to use their own vehicles to transport girls other than their own are doing so as a private arrangement with the passengers' parents/guardians. Any physical damage to the vehicle, or liability resulting from its use during participation in or travel to and from a sanctioned activity is the responsibility of the vehicle owner.



Join the Safe Guide Assessor Team

Have you got a good handle on Safe Guide?

Are you interested in helping to mentor Guiders through the Safe Guide process?

The BC Safe Guide team is looking for Guiders to join the assessor team at all levels. Guiders with paddling experience or lifeguard training would make great water assessors, those with adventure camping experience would be a great addition as a red assessors, and Guiders with lots of experience with unit or district level camps and sleepovers can become yellow assessors. Training will be provided! If interested please contact bcsg@girlguides.org



Know Your Area Camping Adviser

Fraser Skies Area:
Cindy McInnis

Kootenay Area:
Tamara Mclean

Lions Area:
Gwen Walwyn

Lougheed Area:
Julie Ramsey

Monashee Area:
Catherine Hardy

Pacific Shores Area:
Wendy Jackson

Rivers North Area:
Laura Allgrove

SVI Area:
Erlene Amero

Thompson Nicola Area:
Debbie Jestin

West Coast Area:
Tammy Tromba

For information on how to contact your Area Camping Adviser, ask your District/Area Commissioner or email Joy, the BC Camping Adviser, at camp@bc-girlguides.org

Keeping Connected wherever you are: InReach communication device now available to Guiders

Safe Guide requires us to have a clear communication plan in the event of an emergency, and in areas of the province where cell phone coverage is not possible, devices like a satellite phone, personal beacon (SPOT) or similar device is key. To facilitate this, BC Camping committee has purchased an InReach SE device that when not in use by provincial trips can now be booked by groups within the BC.

The InReach provides you a connection to EMS or your Home Contact Person wherever you go using SMS technology to provide a interactive SOS and 2-way messaging anywhere cell phones don't. This means you can share the nature of the incident with rescuers or share specific information with your home contact about how things are going with the group. In addition, you can track your progress and share your location.

The unit will be available for groups to book starting September 1, 2016. There will be no cost to borrow the unit, however, a deposit and if necessary, shipping costs (approx \$20-30 return) will have to be paid by the group. For further information and to book the unit, please contact the Adventure Camping & Trex Liaison at adventure.trex@bc-girlguides.ca.

OAL ADVENTURE Module 8 - Snowshoeing Expeditions Application Deadline is October 31st, 2016

When: February 10-13, 2017

Who: 2 groups of 8 Guiders who have started their OAL Adventure Camping training

Where: One trip will explore the snow covered mountains on the coast, while the other will explore the wonderful snow conditions found in the interior. Guiders will be assigned to each trip based on location to minimize travel.

What: On this Module 8 expedition, Guiders will be able to gain 3 nights in a moving camp toward completion of the Outdoor Activities Leadership Adventure Camping training, learn important snow safety skills, and enjoy the majestic backcountry from a whole new perspective.

Cost: \$125

Applications will be available in the fall. Deadline is October 31, 2016. For more information please contact adventure.trex@bc-girlguides.org

FALL FUN and SPLENDID SLEEPOVER

BC Camping Challenge

The Fall Fun challenge includes learning about fire safety, breaking in and using your hiking boots, taking an alternative form of transportation to get to camp, and learning about animal safety at camp. To earn each seasonal Challenge Crest the girls need to have an overnight camping experience, and complete the required number of challenges from each section. Sparks can camp for one or two nights; Brownies, Guides, Pathfinders and Rangers all need to camp for two nights.

The Splendid Sleepover challenge is written with Sparks, Brownies, and younger Guides in mind; Pathfinders, Rangers, and older Guides may choose to complete this challenge by organizing and running a sleepover for girls in a younger branch. The Sleepover challenge includes learning to pack your own bag, sleep in a tent inside or outside, make a owl craft, go for a nature walk, and try some new foods.

To complete a challenge and earn a crest please carry out the minimum number of challenges from each of the four sections as follows:

Sparks & Brownies: 2 from each of Camp Preparation, Camp Cooking & Camp Skills, 1 Outdoor Activity

Guides, Pathfinders, Rangers: 3- 5 from each of Camp Preparation, Camp Cooking & Camp Skills, 2 Outdoor Activities

Guiders do the same number of challenges as the girls they are working with.

FALL FUN:

One of the choices in the Outdoor Activities section of the Fall Fun Challenge is to go on a nature walk or hike why not have fun with it have and make it a rainbow hike (they have to find things that are the colours of the rainbow) or do a scavenger hunt while hiking.

SPLENDID SLEEPOVER

One of the choices in the Camp Cooking section of the Splendid Sleepover Challenge is to learn plan your meals using the Canada Food Guide there are many ways incorporate it in your planning process. Here is a link to the Canada Food Guide online: <http://hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php>

Completing the whole BC Camping Challenge :

Want to earn the complete set of 5 BC Camping crests? Simply complete the other challenges: Wonderful Winter, Super Spring, Sensational Summer, Fall Fun and Splendid Sleepover.



When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <http://www.bc-girlguides.org/> (click on Program > Challenges & Activities > Provincial Challenges). Instructions on how to order the crests are provided on the form.

Coming
Soon....

Release Date October 2016....

Camp to Go: “Dr Seuess; Oh The Thinks You Can Think”

Welcome to Dr. Seuss Goes Camping, a camp-in-a-box developed by the BC Camping Committee. We hope the girls and adults will come, be active, and have lots of fun with Dr. Seuss.

In this camp package, you will find the program outline for a two night event and a wide variety of activities, games and crafts to choose from. As well, there are menu and recipe suggestions, a campfire, Guides Own and a kit list. Build your camp to suit your season of the year, building or campsite, number of girls and available time. Pick those activities that work the best for you and your girls and remember to be *flexible*. Adapt this package to have a fun and magical time with the girls!

Try this activities from the new Oh The Thinks You Can Think Camp to Go!

Cat in the Hat Toss

Materials:

- Oatmeal container (or other cylindrical container)
- Red and white construction paper
- White paper plate
- Glue
- Tape
- Scissors



Method:

1. Glue white construction paper to the outside of the oatmeal container.
2. Cut strips out of the red construction paper, then glue red strips onto the container to create a striped hat.
3. Cut the middle of a white paper plate out, then glue and/or tape it to the rim of the container to create the brim of the hat.

Whoville Hairstyles and Photo Booth

Place a variety of pictures and dress up props around the station. Let the girls team up or work individually to concoct imaginative Whoville hairstyles. Decorate a door way or a large piece of cardboard in red and white to resemble the Cat in the Hat's hat for the photo booth.

Materials:

- ribbons and bows
- variety or hair ties
- pipe cleaners
- brush and combs
- digital cameras



When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <http://www.bc-girlguides.org/> (click on Camping > Camps to go). Instructions on how to order the crests are provided on the form.



New Crest

Camp to Go: Brownie Magic Around the World

Welcome to Brownie Magic Around the World, an exciting event for Brownies. We hope the girls and adults will be active, have lots of fun moving about and enjoy learning about other places in the world.

In this camp package, you will find the program outline for a two-night event with a wide variety of activities, games and crafts to choose from. As well, there are menu and recipe suggestions, a campfire, Guides' Own and a kit list. Build your camp to suit the season, your accommodation — building or campsite, the number of girls and the available time. Pick those activities that work best for you and your girls and remember to be **flexible**. Adapt this package to have fun pretending to travel around the world!

Try this activities from the Brownie Magic: Around the World Camp to Go!

Worry Dolls

In Central America, children put worry dolls under their pillows, before going to sleep. They tell it all their worries and in the morning, their worries are gone!

Materials:

- 1 ½ pipe cleaners for each doll markers
- Scraps of fabric scissors
- Tacky glue
- Scraps of construction paper
- Yarn



Method:

1. Bend the whole pipe cleaner in half so a loop forms in the top.
2. Twist the loop to make the doll's head, bend the ends of the cleaner for the feet, wrap the half cleaner around the bottom of the loop for arms and bend the ends for hands.
3. Cut out the doll's face from scrap paper.
4. Use markers to draw eyes, nose, mouth and ears. Glue face onto the head and add yarn for hair.
5. Wrap a scrap of fabric around the doll and glue in place.

Try making smaller worry dolls. How small can you go? What size pipe cleaner would you need? Attach a small one to a pony-tail holder, safety pin or barrette to create a

When you have fulfilled the requirements, complete the **BC Crests Order Form** found on the BC Girl Guides website <http://www.bc-girlguides.org/> (click on Camping > Camps to go). Instructions on how to order the crests are provided on the form.

Traders Corner



Bedroll Camp Hat Trader Craft

Supplies

blue fun foam - 5x11 cm
green felt - 10x10 cm
plastic sandwich bags, split at the seams to become 2 squares
string

How to make:

1. Lay out plastic "groundsheet"
2. Place your blue foam "mattress" in the centre
3. Fold a piece of felt in half (sleeping bag) and place on foam
4. Make a packers knot in one end of your string so you are ready to tie your bedroll when rolled
5. Fold groundsheet over the top of the sleeping bag and then into the centre from both sides
6. Starting from the top, tightly roll the bag making sure to keep the sides of the ground sheet tucked in as you roll
7. When you get to the bottom use a V-fold to tuck in the end of the ground sheet so no loose ends are showing.
8. Secure the bedroll with your string the same as you would a real bedroll

Looking for more Trader/
SWAPS craft ideas? Try the
all traders/hat craft/SWAPS
addition of FunFinder
[December 2012.](#)

Guide Jubilee 2016

Guide Jubilee through the eyes of the 2nd Telegraph Trail Guides (Langley)

Emily L.

Guide Jubilee was one of the coolest camps I have ever been to. I loved all the unique ideas (eg. Iron Chef, making ice cream, Amazing Race, and playing games) and all the great food we got to eat (eg. ice cream in a bag, roasted apples, etc.). My most favourite part of this camp was definitely Iron Chef because we got to make our own dessert and we got to pick all the ingredients that went into making our fabulous dessert. I would have liked the Amazing Race better, but we did not get a prize at the end. Perhaps this is something to consider next time for the winners. All the food was DELICIOUS! I could have stayed at that camp for a week!!! I would love to go to Guide Jubilee again in the future. It was so amazing and one of the best camps ever!!!!

Madison H.

There were LOTS of things that I liked about Guide Jubilee:

1. Setting up our own tent and sleeping in it with our friends
2. Cooking all of our meals by ourselves
3. Cooking with the camp stove and cooking over the campfire
4. Doing a lot of cool things that I have never done before (eg. Iron Chef, Amazing Race, and Ice Cream in a Bag)
5. Trading hat crafts (like the mini-GGC cookie box) and crests with other girls from all over BC (most favourite part of camp!!)
6. Making new friends from other units
7. Learning some new songs at campfire (like the Spark, Brownie, Guide and Pathfinder song)
8. Going canoeing (even though our canoe got stuck)
9. Taking the ferry, eating food on the ferry and looking in the Gift Shop for cute things



I really liked sleeping in a tent with my friends. It was our own little house at camp. It was the coolest thing ever! We got to stay up late, tell stories and laugh together.

One of my favourite part of Guide Jubilee was Iron Chef. My group had so much fun picking out what ingredients we wanted in our dessert and then we worked together as a team to make a super delicious dessert. We invented a new dessert called "smores roll" which had chocolate chips, mini-marshmallows, croissant dough and Girl Guide cookies! We fried them in a pan on the stove. They were very delicious even some of the burnt ones. It was my first time doing Iron Chef and it was so much fun because we got to be creative and make our own food. Some of the other groups made some pretty neat desserts, like the cake that looked like a mountain.

My second favourite thing at this camp was "Ice Cream in a Bag". Ice cream is my favourite dessert and it was really cool that we made it just by shaking ice! It was like magic making my very own ice cream! I didn't know that we could do that.

My third favourite part of Guide Jubilee was the Amazing Race. I had a lot of fun running from station to station to do a task. Some of the fun things we got to do were: digging a "cat hole" so we can go poo in the woods, climbing through ropes carefully without making the stuffed animals fall, boiling water on a rocket stove and hanging a bag in the trees so the bears can't get it. I have never done the Amazing Race before and want to do it again at another camp.

It was really exciting to bridge with a whole bunch of Guides from all around the province this weekend. We shared a tent site with another unit and got to cook, clean and play with some other Guides for four whole days. I loved Guide Jubilee and want to do it all over again!



Camp Jubilee Pictures provided by Van Chau

Guide Jubilee through the eyes of the 2nd Telegraph Trail Guides (Langley) continued...

Laila V.

Some of the things that I liked most about Guide Jubilee were:

1. Going on the ferry and buying souvenirs in the gift shop
2. Eating at White Spot on the ferry
3. Watching all the animals in the ocean
4. Putting up the tent and sleeping in it
5. Hammering pegs and putting poles through the tent
6. Cooking our own food and eating the food
7. Roasting apples and hot dogs by the fire
8. My Guider letting us do things on our own

I especially liked Iron Chef where we got to make our own dessert. We made "smore rolls". Our group came up with that name. We got to pick what we wanted in our dessert and we thought the judges liked it. I also really liked the Amazing Race because we had to run to each station and get it done and then come back and get a card for our next station. We still had a lot of fun even though we came in second to last. I had so much FUN this weekend.

Clary L.

I really liked Guide Jubilee this weekend. We got to cook and also shared our site with the other Guide unit. I actually made some new friends as well! I really enjoyed Iron Chef because we got to make anything we wanted with real food! I love making things up with food, but of course I am not allowed to at home. I also loved the Amazing Race. I liked how the different stations were really fun. For example like sneaking in to get the whistles quietly without being detected. I also had fun with the Bear Trap station where we had to climb over the ropes without making the animals fall down.

I also liked how we did all the camp chores (eg. washing dishes, dumping the grey water, getting water for cooking) and all the cooking. I don't get to cook or clean at home because my mom does all of it. Our Guider let us do all the cooking and cleaning ourselves this weekend at camp. She even let us put up our tent and her tent as well.

I was really nervous about this camp, because all the other camps I went to were only for 2 nights, but this camp was for 3 nights. I even thought of not going to this camp, but now I am so glad I went. It felt like it was only 3 hours because I had so much fun with my friends and leader.



Guide Jubilee 2016



Camp Jubilee Pictures provided by Van Chau

Guide Jubilee 2016

Guide Jubilee Thank you letter

Thanks to the BC Camping Committee for hosting Guide Jubilee, 2016.

When my co-guider and I saw the information about Guide Jubilee in the Pipeline and on the website we decided we should apply. We were all very thrilled when we heard that we were accepted. Our patrol from Prince George, was going to make the trek to Victoria. We were super excited. Part of our preparation, we gathered at one of the girl's home and made traders. We were then ready to go.



Guide Jubilee was a great experience. We really enjoyed sharing our site with another patrol outside our Area. As well as meeting so many girls from around the province. The girls were able to build friendships quickly. There were so many highlight throughout the weekend. The girls loved traveling to Victoria. They definitely talked non stop about the Iron Chef Challenge. Even though their dessert was a complete failure, (we had to throw the pan in the garbage it was so badly burned), the girls learned about communication and leadership styles. The girls were able to carry-on and accept there was not dessert that night!

Another highlight for the weekend was playing the No Trace Amazing Race. We ran in small mix patrols from challenge to challenge. The girls learned what to bring on camp, the quickest way to boil water, go through a food web, do a photo challenge and lots more. It was an awesome way for the girls to learn or review some of the basic camping skills.

A couple of weeks after Guide Jubilee, our unit had our year end camp. The girls that attended Guide Jubilee, shared their experience with everyone. They also taught the unit how to use a compass, tie knots, raise the flag and lots of new campfire songs. As a Guider attending Guide Jubilee, it was also a great experience. With my personal busy schedule, it was great to attend the camp and not worry about details involved with camp, the equipment, grocery shopping, the paperwork, program planning etc. For me, it was a relaxing experience. You did not need to know and have all the best camp skills and equipment. All the core staff and patrol guiders were there helping each other. It was a great display of teamwork and the true Guiding Spirit. I would definitely recommend Guide Jubilee and hope that this opportunity will come again for more girls and guiders.

Once again, thanks for the great experience for myself and the girls!
Kerri Svendsen



Camp Jubilee Pictures provided by Van Chau



In 2014 the whole BC Camping Committee was in attendance at SOAR. Next summer the Spirit of Adventure Rendezvous is being held July 22-29, 2017 in Smithers! www.soarbc.com

We would love to see all of you there in 2017.

Applications are open for:

CORE STAFF - No deadline. Apply by Oct 15 to be selected in November.

PATROL GUIDERS- Deadline September 15 2016.

You can also follow SOAR 2017 on Social Media:



Facebook



Twitter



Instagram



YouTube



Let's Camp S'more

Looking for great ideas for your Pre-SOAR camp? Why not use Lets Camp S'more.

WELCOME TO LET'S CAMP S'MORE

Let's Camp S'more is a great program its objective is to introduce and teach basic camping skills to newer guides to help to motivate them to want to camp in tents, and to increase their interest to camp more often while having fun in a camping environment.

Basic camping skills include activities such as outdoor cooking, fire building, tent care, shelter and tarp erecting, trail marking, dish washing, basic compass, bedroll and gear packing, outdoor dressing, kit list developing, and running Guides Own. Please note, these activities are suggestions. Not all activities must be done. The primary objective of this camp is to give Guides a chance to sleep in a tent for the first time and learn how to help in the preparation and cooking of their food. Please give them the opportunity to work on these skills and just step in to assist where necessary. To this end, we are making this a very simple camp where patrols will have lots of time to set up their tents and cook and clean up after their meals.

In the Camp to Go package you will find the program outline with a round robin of camping skills, games and crafts. As well, there are menu and recipe suggestions, and a kit list. As mentioned, this camp is very basic. If your campers are more experienced, you can introduce more or different activities to build on the skills they already have. Plan your camp to suit your girls and your available time. Pick those activities that work the best for you and your girls and remember to be flexible. Adapt this package to have fun learning the basic camping skills to keep you and your girls happy in learning to camp in a tent setting.

Don't forget the "NEW" Let's Camp S'more cutlery are now available for order as part of your camp experience.



Kingswood Camp: South Vancouver Island Area



Kingswood Camp is north of Victoria on the Saanich Peninsula. It is ideal for many different outdoor activities for all ages. A wide variety of wild flowers bloom from mid-March until the end of June. Both residential and tenting accommodations are available, enabling larger groups such as Districts to camp at one facility yet house all levels from Sparks to Rangers. Kingswood is set in a beautiful wilderness setting that is close to hiking trails, recreation centre, and a lake that is suitable for swimming or canoeing.



Booking Procedure

Contact SVI Camp Booking Agent at sviareacampbooking@gmail.com

Details of camp rental rates, booking rules, availability, and other important information is available under camping at: www.svigirlguides.bc.ca.

McKevitt Lodge

Nestled into the woods above Elk Lake, this charming lodge is ideal as a residential camp for any level of Guiding or any group up to 30. Day use may have up to 60.

Lodge Features:

- 24 bunks (no mattresses)
- Large, fully equipped kitchen
- Central room equipped with tables and chairs
- Fireplace insert
- Heat and Hot water (no showers)
- Large open grass area in front for active games
- Nearby fire ring with benches
- Wheelchair accessible



Bill Reith Site

~Lower Site~

This site can accommodate 40 people. It features a wide open field area for activities and a flattened tenting area with individual fire pits. A large fire ring for group campfires.

Campsite Features:

- Cook shelter with wood stove
- Potable running water
- 4 outdoor latrines
- Liquid disposal unit for waste water





Kingswood Camp: South Vancouver Island Area

Freeman King Site

~Upper Site~

Surrounded by majestic Arbutus and Garry Oak, this site has a wheelchair accessible outhouse and can accommodate 40 people. Lovely at any time of year and it becomes filled with wildflowers in spring. This site is conveniently located next to the camp Chapel and Kory Marshall Trail.

Campsite Features:

- Tent sites in trees
- Potable running water at shelter
- Liquid disposal unit for waste water
- Large and Small fire rings
- Wheelchair accessible Latrine

Arbutus Site

~Wilderness Campsite~

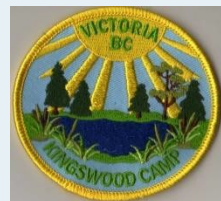
A primitive site located off of the Kory Marshall Nature Trail (near the chapel). All campers must come fully contained and carry in their own water. Practice "Leave no Trace Camping" (No fires and no pit toilets available.)

Other Kingswood Amenities

- On site caretakers for emergencies
- Equipment available for borrowing:
 - Cooking ware (Patrol or Group)
 - Buckets and Fire grills for outdoor cooking
 - Canvas tents
- Easy access to Elk/ Beaver Lakes
- Maps of site and Elk Lake
- Beautiful Chapel for ceremonies
- Geocaches hidden on site with instructions
- Rental of Canoes
(ask the booking agent about availabilities and rules)



Kingswood crests are available via the Kingswood Caretaker on site or via email or telephone. Please visit: www.svgirlguides.ba.ca for the most current contact information.



OAL Adventure Canoeing Module 8

By Lori Heximer



On July 22-24 4 guiders and our trip Lead Erin and trip assist Joy spent the weekend canoeing on Slokan Lake.

We had Lori, Tammie and Danielle from Rossland- Columbia district and Deb from Kelowna. We started in Slokan city on the south end of Slokan lake. We got away about 3pm and canoed the 6.8km to Evans creek. We arrived about 530pm. Weather looked not very good for most of trip and we did have some heavy rain while paddling for the last hour. By the time we arrived it had stopped raining and we were able to set up camp with no rain.

Evans creek is a great spot to camp it has at least 6 established tent pads along with possible beach camping and a shelter for cooking or sleeping. About a 5 min walk from outhouses there is a bridge across Evans creek with a very large waterfall.



On Saturday we decided to move camp and paddled north towards Indian Point campsite, we stopped to take a look at Ben Brown campsite and found out that Indian Point campsite was quite crowded so decided to spend the night at Ben Brown, we found a lovely spot on the beach to camp. This site was about 3-4km from Evans creek. After unloading and setting up camp, we enjoyed the sun for a while before deciding to paddle further up the lake to check out the other campsites. We enjoyed the paddle with unloaded canoes up to Cove creek campsite. It's a small site with a small cabin on rock overlooking lake, you could sleep in there if needed but we decided the smell of pack rats would keep us from sleeping in there unless we were desperate. We had a lovely evening around the fire with Erin and Joy going over OAL training info and sharing their adventure stories. Danielle cooked and prepared us some great meals – we ate very well.



All together we paddled 30 km with mostly good weather and very little wind. Slokan lake is known for getting windy in the afternoon but we were lucky. There are more campsites further north on this lake and it would make a good multiday trip from either end. All campsites we stayed at had bear caches. Slokan would make a great trip with girls who had some basic paddling skills.

Thanks to Joy and Erin for sharing their paddling tips with all of us. It was a great weekend.

